



## **PDE-5 Inhibitors**

### **Vardenafil (Levitra®) Sildenafil (Viagra®) Tadalafil (Cialis®)**

#### **Prior Authorization Criteria for the TRICARE Pharmacy Program**

Prior authorization for PDE-5 inhibitors is NOT required for male patients 40 years of age or older being treated for erectile dysfunction. Prior authorization IS required for male patients less than 40 years of age being treated for erectile dysfunction and for ALL patients being treated for primary pulmonary hypertension, Raynaud's phenomenon, and post-prostatectomy uses.

PDE-5 (phosphodiesterase-5) inhibitors are indicated for the treatment of erectile dysfunction and pulmonary arterial hypertension (also known as primary pulmonary hypertension [PPH]). PDE-5 inhibitors indicated for erectile dysfunction include sildenafil (Viagra), tadalafil (Cialis), and vardenafil (Levitra). Two PDE-5 inhibitors are specifically indicated for the treatment of PPH: sildenafil (under the brand name of Revatio), and tadalafil (under the brand name Adcirca). If you want to use Revatio or Adcirca, see the criteria and forms available for these agents on the [TRICARE Pharmacy Prior Authorization page](#).

The following criteria were established by the DoD Pharmacy & Therapeutics (P&T) Committee for vardenafil (Levitra), sildenafil (Viagra) or tadalafil (Cialis) obtained through the TRICARE Mail Order Pharmacy (MOP) or retail network pharmacies. The prior authorization form for these PDE-5 inhibitors is available on the [TRICARE Pharmacy Prior Authorization page](#). This prior authorization does not have an expiration date.

#### **Coverage IS provided for:**

- PDE-5 inhibitors for male patients 18 to 39 years of age with an approved prior authorization for:
  - Organic erectile dysfunction (e.g., diabetes-related, vascular-related); or
  - Mixed organic/psychogenic erectile dysfunction; or
  - Drug-induced erectile dysfunction where the causative drug cannot be altered or discontinued.
- PDE-5 inhibitors for male patients with erectile dysfunction, 40 years of age and older, without a prior authorization. Male patients 40 years of age or older do NOT need to submit a prior authorization form to the TRRx or TMOP in order to obtain a PDE-5 inhibitor. Quantity limits apply.
- Sildenafil (Revatio or Viagra) or tadalafil (Cialis or Adcirca) for any patient with primary pulmonary hypertension. Sildenafil (Viagra) vardenafil (Levitra) or tadalafil (Cialis) for any patient with Raynaud's phenomenon or preservation and/or restoration of erectile function post-prostatectomy.

**Coverage IS NOT provided for:**

- Female sexual dysfunction, or
- Erectile dysfunction in males under 18 years of age, or
- Psychogenic erectile dysfunction

**Quantity Limits**

• Treatment of Erectile Dysfunction – The PDE-5 inhibitors are limited to a maximum of 18 tablets per 90 days from the MOP or 6 tablets per 30 days from retail network pharmacies. This quantity limit applies collectively to all three medications. This means that no more than 18 tablets per 90-day supply of any combination of these medications will be dispensed in the TMOP and no more than 6 tablets per 30-day supply of any combination of these medications will be dispensed by retail network pharmacies.

• Treatment of Pulmonary Arterial Hypertension, Raynaud's phenomenon, post-prostatectomy preservation/restoration of erectile function - Usual rules apply (90-day supply in the MOP or 30-day supply at retail network pharmacies, based on the directions for use on the prescription).

• Use of Multiple Pharmacy Points of Service – The amount of medication obtained by a patient from all Military Health System pharmacy points of service will be taken into account in the application of this quantity limit.

(Criteria approved July 2004 by the DoD Pharmacy & Therapeutics Committee, revised July 2009; December 2009)

Medical necessity forms are available on the TRICARE Pharmacy website at [www.tricare.osd.mil/pharmacy/medical-nonformulary.cfm](http://www.tricare.osd.mil/pharmacy/medical-nonformulary.cfm).

*Criteria approved through the Uniform Formulary decision-making process  
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[www.tricare.mil](http://www.tricare.mil) is the official Web site of the  
TRICARE Management Activity,  
a component of the [Military Health System](http://www.mhs.mil)  
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